

GET INVOLVED

After coming to the drop-in for a while, many young people want to get more involved with the work Allsorts does. There are lots of ways you can get involved. You could join our youth forum, Young People's Voice (YPV). They represent the young people's views to our management committee and the wider community, as well as organising various activities for the young people. You could also help us run our homophobia awareness workshops at local schools, colleges and youth projects. There are many, many more ways you could get involved. If you would like to find out more, speak to one of the Allsorts workers.

HOW DO I ARRANGE TO COME ALONG?

PHONE

01273 721211

WRITE TO US

Allsorts Youth Project
Young People's Centre
69 Ship Street
Brighton
BN1 1AE

EMAIL

info@allsortsyouth.org.uk


VISIT OUR WEBSITE

www.allsortsyouth.org.uk

If you want to phone, write or email without coming to the drop-in, that's fine. We can also meet you separately from the drop-in if you prefer.

Allsorts has a strict confidentiality policy. Everything you tell us is absolutely confidential except in the very rare circumstances when you might be at risk of harming yourself or someone else.



Brighton and Hove City 
Teaching Primary Care Trust




Brighton & Hove
City Council supported



allsorts
youth project

ALLSORTS YOUTH PROJECT

A DROP-IN FOR YOUNG PEOPLE

WHO ARE
LESBIAN
GAY
BISEXUAL
TRANS-
GENDER
OR
UNSURE
OF THEIR
SEXUALITY
AND/OR
GENDER

WHAT IS THE ALLSORTS YOUTH PROJECT?

Allsorts is a project for young people who are lesbian, gay, bisexual, transgender or unsure of their sexuality and/or gender identity and aged under 26. There is a team of workers and volunteers who are all lesbian, gay, bisexual or transgender themselves, who make sure that everyone feels safe and everything runs smoothly (most of the time!).

SOME THOUGHTS FROM YOUNG PEOPLE OF ALLSORTS ABOUT THE PROJECT

"Allsorts helped me before I came out because I got to know lots of other LGBT people"

"It's nice to know you are not alone"

"It is a really safe place to be"

DROP IN LOOK AROUND MAKE NEW FRIENDS EAT CHOCOLATE BISCUITS CHILL OUT BROWSE CHAT WATCH FILMS THINK FIND THINGS OUT LISTEN TALK GET INSPIRED ENTER CYBERSPACE WRITE FEEL FREE TO BE TOGETHER



WHAT DO WE DO?

Allsorts runs a drop-in on Tuesday evenings between 5.30pm and 8.30pm at a safe, undisclosed meeting place in central Brighton.

IN THE DROP-IN SPACE THERE IS:



LESBIAN, GAY, BISEXUAL OR TRANSGENDER?

According to the UK Government, about one in 14 people are lesbian or gay and many more are bisexual. So you are really not the only one, no matter how you may feel. It is perfectly natural to be lesbian, gay, bisexual or transgender. A smaller group of people are transgender, but more and more people are exploring their gender identity.

UNSURE?

Many people think that they may be lesbian, gay, bisexual, or transgender, but at the same time are not too sure. This too is very normal and nothing to be embarrassed about. It is your right to make your own choice in your own time and your own way.

NOT READY TO COME TO THE GROUP?

Lots of people would like to be able to talk to someone about their sexuality or gender but might not feel able to attend the group yet. This is fine, and the workers at Allsorts are happy to chat to you on the telephone, to meet you in person or to correspond with you by letter or email, if you find this easier than coming along to the group. Just feel free to contact us by whatever method is easiest.