



Allsorts LGBTU Training Services

*Homophobia, biphobia, transphobia and heterosexism awareness
Creating safe and supported spaces for LGBT people*

Who are we:

Founded in 1999, Allsorts Youth Project is a leading LGBTU youth project based in Brighton. We offer a wide range of services for LGBTU youth including a weekly drop-in, health and well being support groups, extensive LGBTU youth volunteering opportunities, training and workshops. We are used as consultants on LGBTU youth issues by local, regional and national government.

What we offer:

- ❖ **Homophobia, biphobia, transphobia and heterosexism:** We raise awareness about the impact of homophobia, transphobia, biphobia and heterosexism on young people who are lesbian, gay, bisexual, transgender or unsure of their sexual orientation and/or gender identity (LGBTU)
- ❖ **LGBTU Safe and Supportive Environments:** Together, we explore ways of making environments safe and supportive for LGBTU people including thinking about how to challenge homophobic, transphobic, biphobic and heterosexist behaviour and language
- ❖ **Tailored for you:** We tailor our training to your organisation and the needs of your staff/students/client group

Who we train:

- **Professionals** - We also train professionals including Youth & Connexions workers (Integrated Youth Support Services), social workers, advisors, foster carers, support workers, managers, college tutors – anyone working with adults or young people.
- **Young people** - We train students and young people in youth settings and have our own peer educators who are trained to deliver this work (please see below)

Our training for professionals

Since 2000, we have been delivering this training in Brighton and Hove, East and West Sussex and Surrey. We have worked with a wide variety of statutory, community and voluntary organisations including Hove and Horsham YMCA, YAC, YPC, Brighton and Hove, East and West Sussex Youth and Connexions Services, Brighton and Hove Healthy Schools Team, local Schools and Colleges, Brighton and Hove City Council housing workers and fosters carers, Victim Support, Surrey County Council, Supporting People, Stopover, Brighton Foyer, University of Brighton – social work and youth work, Brighton and Hove Progressive Synagogue, Working Links, Working Together Project, Workforce Development and many others.



Our Trainer

We commission our Director, Jess Wood (B.A. (Hons), D.S.A. and M.Litt. Oxon), to deliver training to professionals and organisations working with young people. She is an experienced trainer, tutor and teacher. She works to enable participants in her training to go on a personal and professional journey. This involves moving away from unease and confusion around the issues of sexual orientation and gender identity towards greater understanding and self-confidence. She inspires participants to include LGBT people in their championing of equality and universal human rights.

Training to support curriculum needs in schools/colleges

We can also provide training to suit specific curriculum needs, for example as a planned PSHE programme. Much of our previous work has been done in conjunction with the Brighton and Hove Healthy Schools Team to promote inclusive teaching and to challenge LGBTU prejudice and encourage students to develop awareness of the impacts of homophobia, biphobia and transphobia, and encourage them to support their LGBTU peers. We have facilitated workshops at Blatchington Mill, Dorothy Stringer, Varndean, Hove Park Lower, Longhill, Patcham High, Ceder Centre (ACE), Balfour Primary, Middle Street Primary; City College and Sussex Downs.

LGBTU Peer-Educators

As part of our LGBTU youth volunteering programme, we have trained a group of LGBTU Youth Peer Educators who are available to co-facilitate training. This group of young people specialise in delivering workshops to people in the same age range as themselves in schools and colleges, they also assist us in delivering session with adults.

Fees

We operate a sliding scale for organisations and you choose where to put yourself on that scale.

£80 per hour / £520 per day £70 per hour / £455 per day £60 per hour / £390 per day
£50 per hour / £325 per day.

For agencies who cannot afford to pay for training, we charge a nominal fee of £20 per hour or undertake the training for free. We work with schools and colleges for free, although donations to Allsorts for this service are welcomed.

Feedback from Young People and Professionals

Some comments from a range of training participants:

Young People

I understood more about the impact that negative language has on LGBT students. How using 'gay' as a derogatory term effects someone. LGBT people should not be discriminated against. It was interesting to hear the experience of young people who had experienced bullying. I got a better perspective on LGBT people's feelings and needs.

Professionals



Today was very interesting, clear and thought provoking, I learned a lot. Excellent facilitation, everyone should have this training. It gave me practical advice to use in my work place. I feel more confident. Very informative and engaging day. Enjoyed the course. Interactive. We had the space to develop and we were encouraged in this. Incredibly varied. This was excellent training. I feel confident to be able to challenge and support in an effective way and to apply these principles to other areas e.g., racism, sexism etc. Very inspiring facilitation.

For more details about Allsorts training, workshops, or to receive a specimen workshop and specimen training day programme, please contact: Jim Apted or Jess Wood, Allsorts Youth Project, Young People's Centre, 69, Ship Street, Brighton, BN1 1AE.
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